

KINGS CAMP

PRIVATE GAME RESERVE

Spa Therapy Menu

Seasons in Africa
ADVENTURES • HOTELS • LODGES



Indulge

IN SOME PAMPERING

Succumb to the peace and tranquillity of the African bush while indulging in some relaxing pampering either in our opulent spa or in the comfort of your own suite.

Treat yourself to an array of treatments – from body, skin and beauty rituals to revitalising massages – a must in completing your all-round rejuvenating safari experience.



HEALING
earth™

THE CONCEPT

Healing Earth was created by Elisabeth Brandt, a veteran in the global spa industry. She fell in love with the African continent, and was immediately inspired by the healing potential of its rich natural resources. Her mission was simply to provide the best quality pure skincare with the highest percentage of active ingredients supported by scientific research and the latest innovation in the cosmetic industry. Since then, Healing Earth's core values of quality, responsibility, respect and human development have never been compromised. Healing Earth believes in embracing our fragile planet and its inhabitants, and preserving the environment for future generations.

"We advocate a nurturing, conscious approach to beauty based on love for oneself, one's fellow beings and the Earth we live on."

ELISABETH BRANDT



EXCELLENCE & INNOVATION

From humble beginnings and inspired ideas, Healing Earth has come to represent a new generation of vinotherapy as the cornerstone collection of their brand. Their range has evolved into award-winning spa products and lifestyle amenities. Healing Earth's continued quest for excellence and innovation combined with wisdom and vision has led to their advanced High Performance tri-enzyme peptide skincare system, which is supported by unique, handmade and artisanal anti-ageing ampoules. Their new plasma natural anti-ageing technology and continued research and development ensures they continue as leaders in the field.



Each lovingly created Healing Earth product harnesses the restorative powers of Africa's rich natural resources, and is made from only the purest natural active ingredients sourced from the continent's powerful minerals, oceans, flowers, herbs, fruit, seeds and organic oils.

Developed by leading cosmetic scientists, all Healing Earth ingredients are carefully selected and meticulously researched, ensuring a pure product that connects you to the healing powers of 'Mother Earth'. All Healing Earth products are free from synthetic fragrances, colourants, petro chemicals, DEA, preservatives and parabens.

Furthermore, Healing Earth does not use any freeze-dry or excessive heating processes (which could hinder the efficacy of certain natural ingredients) in their manufacturing. Healing Earth products are not tested on animals.

Healing Earth's bio-identical active ingredients, organic essential oils, Fairtrade botanicals and shea butters are meticulously chosen for the healing properties unique to each of their collections. These include Kalahari Melon for hydration, Mongongo Nut for detoxification, Coffee, Cinnamon & Orange for sculpting and Marula & Neroli for luxurious relaxation and sensual indulgence.



SIGNATURE MESSAGES

MUSCLE MELT [RELIEVE & REVIVE]	BACK & NECK	30 Minutes	R 600
		45 Minutes	R 1 000
	FULL BODY MASSAGE	60 Minutes	R 1 500

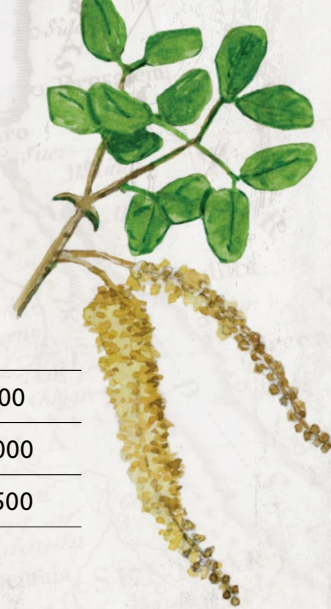
A tension-relieving deep tissue massage using cooling peppermint oil, our signature Healing Earth Deep Tissue release gel and hot compresses to leave you feeling refreshed and revitalized. Great for jet lag, inflammation and stiffness.

AROMATIC AWAKENING [AWAKE & RENEW]	BACK & NECK	30 Minutes	R 600
		45 Minutes	R 1 000
	FULL BODY MASSAGE	60 Minutes	R 1 500

A fragrant and uplifting full body or targeted massage using pure, antioxidant-rich aromatherapy oils according to your own unique needs inspired by rich healing properties of the earth.

HOT STONE MASSAGE	FULL BODY MASSAGE	60 Minutes	R 1 700
--------------------------	--------------------------	------------	---------

A specialised and relaxing full body massage using heated, basalt river stones to relax and warm up tight muscles and help relieve tension.



FACIAL THERAPY

PURE RADIANCE

60 Minutes

R 1 500

A potent blend of antioxidant pinotage grape extracts, vitamins and essential oils combine to relax, purify and hydrate. These pure botanical extracts combined with organic rosehip booster and trademark facial massage create targeted results for ultimate radiance and glow.

ADD ON: Hyaluronic Acid or Pure Organic Rosehip Oil

BUSH RE-BALANCE

45 Minutes

R 1 000

A deep cleansing, exfoliating and re-balancing treatment for the modern adventure traveller. Soothes, restores and energizes skin. Complete with our famous African Skin Elixir massage.

ADD ON: Pure Organic Rosehip Oil



BODY TREATMENTS

AFRICAN POTATO MIRACLE REPAIR [BODY WRAP]

60 Minutes

R 2 000

A highly moisturizing back exfoliation with heated compresses followed by a full body massage using our award-winning African Potato Balm for nourishing, renewing and bringing life back to the skin after sun damage or other environmental exposure.

FULL BODY REBOOT [DETOX & INVIGORATE]

60 Minutes

R 2 000

An intensely detoxifying treatment starting with a Mongongo Nut full body exfoliation followed by a cocooning wrap, ending with a face and body massage using ancient massage techniques.





HANDS & FEET

AFRICAN HAND & FOOTPRINT CEREMONY	60 Minutes	R 1 000
Melt away stress and rejuvenate tired hands and feet with this specialized treatment to soften, hydrate and leave your hands and feet feeling pampered and silky smooth.		
MINI MANICURE	30 Minutes	R 400

HEALING SOUNDS

All treatments conducted incorporate our signature therapeutic healing chimes and soothing african rain sticks.

GENERAL SPA INFORMATION

- Appointments can be made at Reception or dial Reception on 1000.
- All treatments and purchases will be debited to your room account and are to be settled before departure from the Lodge. No cash payments can be received at the Spa. However Spa staff gratuities may be given to the staff directly or indicated at Reception for the Spa at the end of your stay.
- Please be at the Spa 5 minutes before your scheduled appointment time.
- APPOINTMENT TIMES: Arriving late will unfortunately limit the time allocated for your treatment; it will lessen the effectiveness and most importantly your pleasure and enjoyment. As a courtesy to all guests our treatments are completed as scheduled.
- Out of consideration for all guests, should you need to cancel or reschedule your appointment, please do so in advance.
- Your privacy will never be compromised. We provide disposable underwear for all our body wrap treatments which will be handed to you by your therapist prior to you treatment.
- SPA ETIQUETTE:
Strictly no smoking at the Spa.
No cell phones permitted at the Spa.
We kindly request no eating or drinking at the Spa.

