



BREAKFAST MENU

BREAKFASTS WILL BE SERVED UP UNTIL 11AM



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Seasons in Africa
ADVENTURES • HOTELS • LODGES

NOVEMBER 2020

SOMETHING HOT

SCRAMBLED EGG BREAKFASTS [3 EGGS]

SERVED WITH TOASTED PANINI BREAD

scrambled eggs with bacon 55

BENEDICTS

CAFE BENEDICT double poached egg, hickory ham on toasted English muffin, pan fried cherry tomatoes & hollandaise sauce 80

CALIFORNIA BENEDICT double poached egg on toasted English muffin with bacon, avocado, pan fried cherry tomato & basil pesto hollandaise 90

TRADITIONAL BREAKFASTS

SERVED WITH YOUR CHOICE OF BROWN, WHITE OR HEALTH TOAST & BUTTER

PERRY'S BREAKFAST single fried egg with bacon, grilled tomato & chips 55

FARMERS BREAKFAST double fried egg with bacon, pork banger, grilled tomato, baked beans, banana & chips 105

SOMETHING HEALTHY

HOMEMADE BRAN MUFFIN baked fresh daily with berry preserve & grated cheddar cheese 45

HEALTHY "OU" homemade oats served with fresh banana, berry compote & honey 60

AVO ON TOAST smashed avo on rye bread toast, with a poached egg 60

HEALTH CRUMBLE plain yoghurt, muesli & seasonal fruits with honey & roasted almonds 75

MR PAW PAW freshly cut paw-paw, plain yoghurt, pumpkin seeds, almonds & honey 68

OMELETTE'S

TRADITIONAL 3 EGG OMELETTE SERVED WHITE, BROWN OR HEALTH TOAST & BUTTER

SMOKEY JOE OMELETTE cheddar, hickory ham, bacon, red onion & mozzarella 80

CALIFORNIA OMELETTE mozzarella omelette, topped with bacon, sliced avo, roast cherry tomatoes and feta 90

SMOOTHIES

KICK START YOUR DAY WITH ONE OF OUR HEALTHY CHOICES MADE WITH FRESH FRUIT

NORMANS RULE cranberry & pineapple juice, fresh strawberries, vitamin B6 & B12 50

BERRY BLAST blackberries, raspberries, strawberries, banana, apple juice, vanilla sorbet 58

CITRUS CHILLER lemon juice, kiwi fruit, pineapple, vanilla sorbet, apple juice & mint 50

HUNG OVER tomato juice with lime, celery & vitamins 48

PEANUT CHOCO BANGER banana, chocolate, peanut butter & strawberries 58

MANGO MANIA mango juice with pineapple, banana & coconut 50

ILLY COFFEE CORNER



ALL ILLY COFFEE ALSO AVAILABLE AS DECAF

ILLY COFFEE	normal	28
	grande	36
SABIE VALLEY COFFEE	normal	22
	grande	30
CAPPUCCINO	single espresso	28
	double espresso	35
	add cream	10
	add almond milk	10
ESPRESSO	single	20
	double	25
AMERICANO		28
MACCHIATO	espresso topped with milk foam	25
KUKA FRAPPE	double espresso & crushed ice blend	30
BREWED ICE-COFFEE	filter coffee poured over ice	30
ESPRESSO COFFEE MILKSHAKE	espresso & ice-cream blend	38
FROZEN CAFFÉ MOCHA	espresso, hot chocolate & ice-cream blend	40
CHOC-O-CHINO	espresso & hot chocolate with milk + foam	38
ROCKY-CHINO	espresso, chocolate & hazelnut topped with hot milk, foam & chocolate shavings	42
CAFFÉ LATTE		32
FLAVOURED LATTE	hazelnut & vanilla	38
ROOIBOS CAPPUCCINO		26
ROOIBOS CAFFÉ LATTE		32
CHATEA LATTE		36
HOT CHOCOLATE		38
MILO		38
HORLICKS		40
TEAS	rooibos & five roses	20
HERBAL TEAS	chamomile, earl grey, green tea, english breakfast & chai	30

PURE FRUIT JUICES

orange granadilla tropical	350ml	32
strawberry mango apple guava	500ml	40

MILKSHAKES

ALL OUR MILKSHAKES ARE MADE FROM 100% VANILLA ICE-CREAM	340ml	500ml
strawberry banana chocolate lime bubblegum	38	48